



# OPENING TO WISDOM HEALING

This healing is used to open the upper chakras to receive guidance. It brings unity to all 12 gateways of the energy system by creating a communication link between Soul, Life Purpose and the Chakras.

It opens the 7<sup>th</sup> chakra, which is closed on many people, and unites and harmonizes it with the 6<sup>th</sup> chakra. It then connects these two linked chakras to the Aha (Zeal) Point, the throat and the heart. The healing finishes by creating a solid connection from these wisdom points to the feet so that we can ground into action the wisdom that we have received.

This is used on clients who have done some spiritual or healing work but are unable to either connect with or act on their inner spiritual guidance. They may be in spiritual mask or constantly seeking. Or they may have no connection to guidance or a higher self, seeing life through their virtual reality, ego and vows only. This healing lets them experience what it feels like to stand fully in their life purpose and in their present-moment life.

And since it reconnects the 7<sup>th</sup> chakra and the heart, it can restore lost faith, which is an incredibly powerful healing.

To do this healing, the healer must hold all three levels of the field simultaneously, the Chakras, the Life Purpose Line and the Soul. The healing also brings into balance the three brains (the Cerebral Cortex, the Mid Brain and the Reptilian Brainstem) by integrating the light of the Pineal, Pituitary and Hypothalamus. When these are awake and in harmony with each other, this awakens the Aha (Zeal) Point and its gift of full life integration, passion and enthusiasm.

As these elements come into balance, the physical, emotional and spiritual realms also come into union in the client's life.

This is an Intentional Healing. The healer is mirroring that which they would like their client to emulate. Do not send energy.

## Healing Preparation

- Before starting, align your Chakras, Life Purpose Line and Soul light to fill your entire field.
- Perform a short Chakra Balance to ground the lower body but do not close.
- Move to the head of the table. This healing can be done sitting or standing.

## Opening to Wisdom Healing

1. **Open Your Own 7<sup>th</sup> Chakra** - Visualize opening your Seventh Chakra to divine guidance and consciousness. Bring a ball of brilliant white light down from the Individuation Point into your head, clearing your upper chakras.
2. **Opening The Seventh Gateway** - Put your thumbs together over the client's third eye, fingers around the head (butterfly position). Hold the intention for your client to open their crown and that their entire cranium is filled with consciousness and a divine star of light.  
*\*\*Do not send or force. This is intentional - hold it in yourself.*
3. **Open The Three Glands/Brains** - Slide your receiving hand under the back of the client's head, cupping their head at the occiput. Then place the first three fingers of your sending hand over the forehead to fill the cranium with the brilliant light of consciousness.

One finger goes to each of the three brain glands. Focus on the Pineal, Pituitary, and Hypothalamus; each belongs to one of the three brains:

- **Pineal** - The cerebral cortex. This gland processes the soul, light and consciousness.
- **Pituitary** - The mid/limbic brain. This correlates with our Life Purpose and the feelings/sensations that call us to that path.
- **Hypothalamus** - The Reptilian Brain stem, in charge of the physical body and survival.

Fill each system by holding each level of your field's light. This creates a unified brilliance in the Sixth and Seventh Chakras that can process guidance and knowing throughout your entire system.

4. **Connecting To The Throat** - Leave the three fingers of your sending hand over the Pineal, Pituitary, and Hypothalamus. Slide the other hand under the back of the Fifth Chakra, giving the three domains of light a manifesting vibrational voice in the entire system.

Open your own throat chakra and feel the ball of white light in your head drop down into your throat.

5. **Opening The Aha! Point** - Leave the three fingers over the Pineal/Pituitary/Hypothalamus. Slide your receiving hand back into the occipital joint to the Aha Point. Feel the jolt of knowing yourself as an integrated whole that enthusiastically embraces all 12 levels of your energy field. Notice where the client holds back from their passion and expand that within yourself.
6. **Opening To The Heart Level** - Take the sending hand off the forehead and place it between the Fourth Chakra and the Spiritual Life Purpose Point, palm flat on their chest. Leave the other hand under the Aha Point.

Consciously link the 4<sup>th</sup>, 5<sup>th</sup> and SLP and Aha Point in you. This opens the possibility that they can awaken both their inward and outward life purpose. Run the unified light down through the chakras and the Life Purpose Line deep into the Earth's core, then up through the spiritual source and then let all form go and fall deeply into the soul. Hold for as long as you like.



7. **Integrate At The Feet** - Move to the feet, hold the grounding point on the center of each foot with your thumbs. Feel the energy come in the top of your head and move powerfully down your whole spine and Life Purpose Line, grounding you and grounding them by intention.

### **Standard Closing:**

1. Hold both hands over the forehead/third eye, palms down, sending hand on bottom, receiving hand on the top. Hover over the 6th chakra, but don't touch the forehead.
2. Send indigo energy going down through the body on the exhale breath. This allows them to see themselves in a different way.
3. Bring up orange energy on the inhale breath to help them feel themselves in a new way. Do this for a few breaths. It will help them hold and integrate the changes to their energy field.
4. Close the field. Lift your hands over your head and sweep them down in a circle to help seal up their energy field after the work they received. Use the color gold for this.
5. Close the front and back of your 2nd chakra to complete the healing for you.

Let them stay on the table for a few minutes to enjoy their internal unity.

Allow the client to share first.